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## *Engineered to Adapt Seminar*

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You are invited to a free educational seminar hosted by Medtronic at the Milwaukee County Zoo to determine if DBS (deep brain stimulation) for epilepsy may be the best treatment option for you. This event is open to those diagnosed with epilepsy and their families and caregivers. Breakfast, parking and free admission to the zoo are included with attendance. Registration is required. Register at <http://tiny.cc/zooepilepsy> Space is limited.

Speaker is Dr. Kyle Swanson, Aurora Neurosurgery.

The event is on June 11, 2025 10am to noon.

The event is held at the Milwaukee County Zoo, Adventure Africa Loft.

You can contact Lisa [lisa.j.schwaller@medtronic.com](mailto:lisa.j.schwaller@medtronic.com) or Kathy at [katherine.a.falk@medtronic.com](mailto:katherine.a.falk@medtronic.com) with questions.

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## *Racine County Special Needs Resource Fair 2025*

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Tuesday, April 15  
4:30 p.m. to 7:00 p.m.

The fair will be held at **Union Grove Elementary School** located at 1745 Milldrum Street Union Grove, Wisconsin. The fair is organized by several school districts in Racine County as well as the Aging and Disability Resource Center (ADRC). The fair is free and family friendly.

This fair has something for everyone, whether you are seeking financial support, community-based therapies, recreational opportunities, job training, or resources for living arrangements beyond the home. You can meet local experts, ask questions, and connect with other families navigating similar journeys. You can access vital resources, explore exciting programs, and build a stronger support system.

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## *Purple Day*

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March 26, 2025

Purple Day is an international grassroots effort dedicated to increasing awareness about epilepsy worldwide. On March 26<sup>th</sup> people around the world are invited to wear purple and host events in support of epilepsy awareness.

Things you can do: host a purple day party or fundraising event, contact your political representatives, donate your Facebook status, deck out your Facebook and Twitter accounts, get real facts about epilepsy, write to your federal government officials asking that March 26<sup>th</sup> to be officially recognized, plan a walk or hike, gala, ask your local politicians to wear purple ribbons at their March meetings, flag raising, Purple Day bake sale, coffee house concert, information booth, proclamation celebration, school or work contest, silent auction, sponsored sporting event, tour of public places, lecture or public presentation, purple retail promotion, bunny hop, Purple Day dance-a-thon, and purple door contest.

Read more at <https://purpleday.org/>

Accessed on February 26, 2025

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## *My Epilepsy Journey*

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The theme for International Epilepsy Day was My Epilepsy Journey. You can watch the videos made for this day here <https://internationalepilepsyday.org/journey/>

Hundreds of people have shared their personal stories about epilepsy, some their own and some about someone close to them. You can read these stories which were compiled here <https://www.epilepsy.com/stories/ejourney>

Both sites were accessed on February 27, 2025

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## *Epilepsy Safety*

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Seizures can put you at risk of accidents and injury, so it's a good idea to think about safety. With some simple steps you'll often find you can still do the things you enjoy.

### General safety at home

- If you live alone or are at home alone often, consider getting a key safe. This is a locked box fitted by your front door that holds a key. You can give the code that opens the box to family, friends, or caregivers. This means they can get into your house if you've had a seizure and can't get to the door.
- Installing smoke alarms can help to protect you and your home from fire risks.
- Some people use a seizure alarm or monitor to alert other people to seizures.
- A seizure alert dog is a specially trained dog that helps people with epilepsy. They can alert you, or someone else in the home, if you are about to have a seizure.
- Keep wires and cables out of the way to avoid pulling over equipment that could cause a fire or burns.
- Use guards on heaters and radiators to stop you falling directly onto them.
- Use heated appliances that turn themselves off or use with a timer, so they switch off automatically after a certain length of time.
- Switch off heated appliances immediately after use and place them out of reach until they're cool.
- Have carpets with high wool content rather than high synthetic content, to reduce the risk of friction burns.
- Try to have cushioned flooring rather than hard floor surfaces.
- Keep stairs and other routes through your home clear of obstructions.
- Put a soft rug or carpet at the bottom of the stairs, to cushion any falls.
- Cover any furniture edges or corners that are sharp or stick out.
- Use safety glass instead of ordinary glass.
- Have locks or catches on upstairs windows or balcony doors.
- Make sure there are no trailing wires that you could trip over.
- Where possible, use cordless versions of things.

Get more tips at <https://www.epilepsy.org.uk/living/safety>

Accessed on February 28, 2025